



Dear

I am writing to you to let you know about an exciting project that will help to improve the health, wellbeing and social inclusion of the communities in and surrounding the Rutland area. The Catmose Sports Centre, which is managed by Stevenage Leisure Ltd are proposing to purchase a Healthy Bus which will offer a comprehensive service to the community.

The idea comes from a project which launched in Stevenage in January 2016 when the Healthy Hub was opened. Over this three year period 62 local partners have joined forces to offer support for mental health, health tests, weight management, physical activity, smoking cessation, substance abuse, sexual health and lifestyle advice. 22 of the partners are based within the Healthy Hub, a further 44 are in the community.

Just over 14,000 visitors have benefited from the Healthy Hub and it has won and been nominated for several awards including the Hertfordshire Excellence in Public Health. Although 14,000 visitors are to be applauded there are many more people who have not accessed the services, this could be rectified by providing them directly to the community via the Healthy Bus. This outreach opportunity will not just be beneficial to the community but also to organisations who will be able to support people who are hard to reach.

There are many villages in the Rutland area which are becoming increasingly isolated due to the cancellation of bus services resulting in the communities not having access to support and health initiatives. We are proposing to bring the Healthy Bus into villages to provide services that may otherwise not be easily available.

My reason for contacting you is to see if the Parish Council would be interested in the project, if permission could be granted to park the Healthy Bus in the villages and to ascertain if you feel that the services we propose to offer would be beneficial to the community or, if you think that the community has different requirements. If you require more information, please do not hesitate to contact me.

Many thanks

Juanita

Stevenage Arts & Leisure Centre  
Gordon Craig Theatre  
Stevenage Swimming Centre  
Stevenage Golf & Conference Centre  
Fairlands Valley Sailing Centre  
Saxon Pool & Leisure Centre  
Flitwick Leisure Centre

Sandy Sports & Community Centre  
North Herts Leisure Centre  
Letchworth Outdoor Pool  
Fearnhill Sports Centre  
Knights Templar Sports Centre  
Hitchin Swimming Centre  
Royston Leisure Centre

Catmose Sports Centre  
Houghton Regis Leisure Centre  
Howard Park & Gardens Kiosk  
Silsoe Community Sports Centre  
Pendleton Sports Centre

Working in partnership with:



NORTH HERTFORDSHIRE DISTRICT COUNCIL



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