

MENTAL WELLBEING AWARENESS

Join our FREE training sessions to explore how you can support the mental wellbeing of your friends, neighbours, and community.

Tuesday 30th March 5pm - 6:15pm

[Register here](#)

Thursday 29th April 10am - 11:15am

[Register here](#)

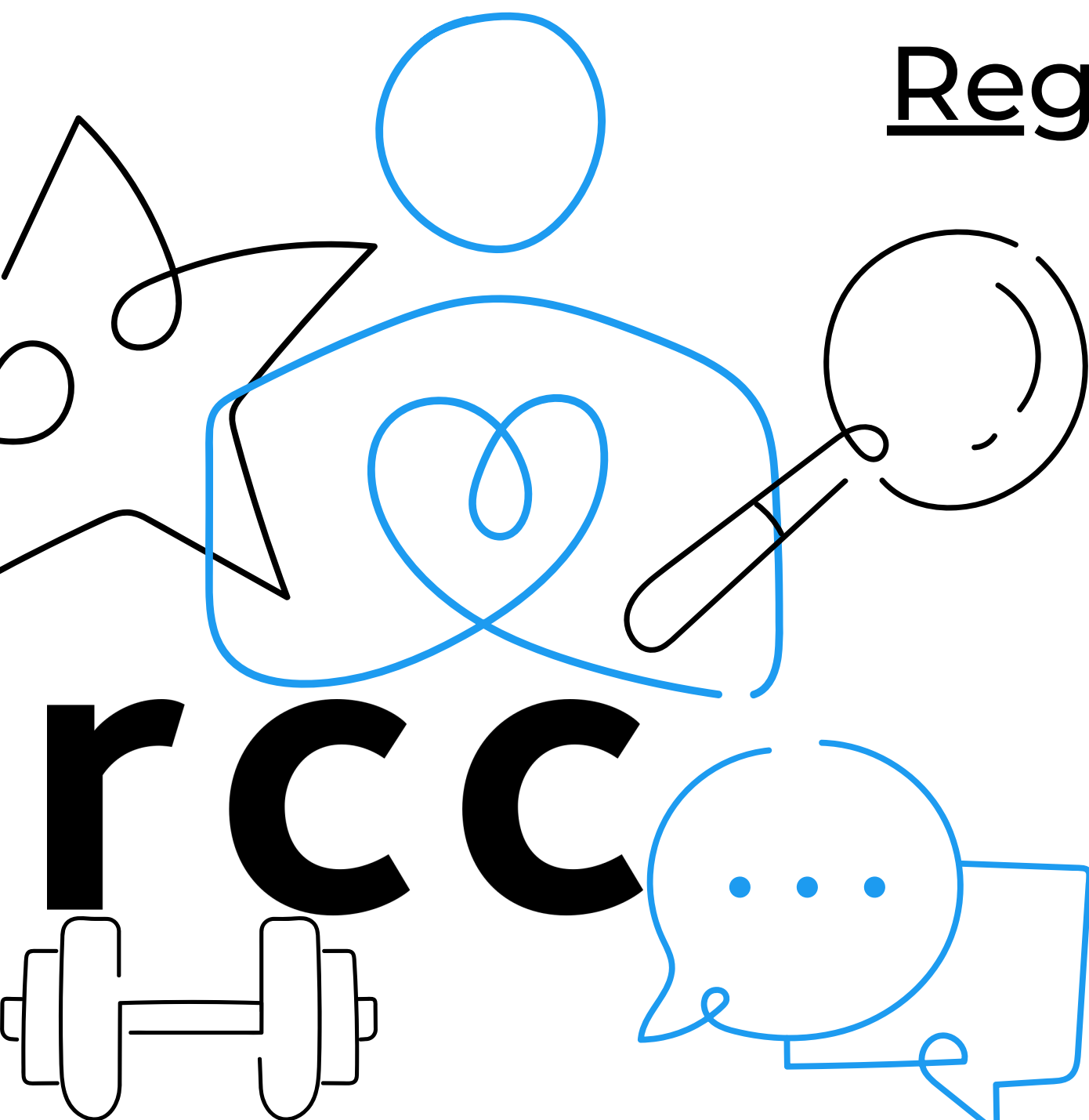
Wednesday 12th May - 5:30pm - 6:45pm

[Register here](#)

Tuesday 8th June - 1pm - 2:15pm

[Register here](#)

Wellbeing awareness training is delivered by the RCC
(Leicestershire & Rutland)
with funding from Leicestershire County Council.



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